



# Big Gut Seminars

Provided by NYU Post-Graduate Medical School

**Friday, March 31, 2017**

## **Focus on Complex Inflammatory Bowel Disease**

**COURSE DIRECTORS**

David P. Hudesman, MD  
Lisa B. Malter, MD  
Feza H. Remzi, MD

**Saturday, April 1, 2017**

## **Focus on Complex Colorectal Disease**

**COURSE DIRECTORS**

Mitchell A. Bernstein, MD  
Seth A. Gross, MD  
Gregory B. Haber, MD  
Elliot Newman, MD

**LOCATION**

NYU Langone Medical Center  
550 First Avenue, Alumni Hall  
New York, NY 10016

[med.nyu.edu/cme/BigGut](http://med.nyu.edu/cme/BigGut)

# Big Gut Seminars

## COURSE DESCRIPTION

**IBD** **MARCH 31** — Inflammatory bowel disease is a challenging condition, requiring an integrated multidisciplinary and often innovative approach to care. The Big Gut Seminars: Focus on Complex Inflammatory Bowel Disease (IBD) is an interactive conference, focused on the pathophysiology, diagnosis, and treatment of complex inflammatory bowel disease, targeted to a multidisciplinary audience of gastroenterologists, surgeons, hepatologists, medical oncologists, interventional radiologists, radiologists, pathologists, and others involved in the care of patients with these conditions. This second annual conference will feature a multidisciplinary faculty of national leaders in the field and an interactive format including a lightning round of short didactic presentations, point-counterpoint debates, and multidisciplinary panel discussion of challenging, complex patient cases. Research in the pathophysiology of IBD; new treat-to-target management paradigms and approaches to treatment; disease and drug monitoring; surgery as an integral part of care; and special considerations, such as the transition to adult care, will be highlighted.

**CCD** **APRIL 1** — Colorectal disease, both benign and malignant, can pose challenges in diagnosis and treatment, requiring an integrated multidisciplinary and often innovative approach to care. The Big Gut Seminars: Focus on Complex Colorectal Disease (CCD) is an interactive conference, focused on pathophysiology, screening, diagnosis, and treatment in colorectal disease, targeted to a multidisciplinary audience of gastroenterologists, surgeons, hepatologists, medical oncologists, interventional radiologists, radiologists, pathologists, and others involved in the care of patients with these conditions. This conference will feature a multidisciplinary faculty of national leaders in the field and an interactive format, including a lightning round of short didactic presentations, point-counterpoint debates, and multidisciplinary panel discussion of challenging, complex patient cases. Research in the pathophysiology of benign and malignant colorectal disease; new recommendations for colorectal cancer screening; optimization of adenoma detection rate; management of difficult polyps; new endoscopic and surgical technologies; treatment algorithms; and current and emerging issues in the diagnosis and treatment of challenging colorectal conditions, such as complicated diverticular disease, gastrointestinal bleed, *C difficile* infection, hereditary syndromes, and cancer.

## TARGET AUDIENCE

**IBD** Gastroenterologists, surgeons, hepatologists, medical oncologists, interventional radiologists, radiologists, pathologists, gastroenterology and hepatology fellows, and other disciplines involved in the care of patients who have inflammatory bowel disease.

**CCD** Gastroenterologists, surgeons, hepatologists, medical oncologists, interventional radiologists, radiologists, pathologists, gastroenterology and hepatology fellows, and other disciplines involved in the care of patients who are at risk for or have benign or malignant colorectal disease.

## EDUCATIONAL OBJECTIVES

**IBD** At the conclusion of this activity, participants should be able to:

- Identify the factors involved in disease monitoring and the treat-to-target management paradigm in inflammatory bowel disease, and identify ways to incorporate this approach to care into their clinical practices
- Identify and apply to practice the steps involved in drug monitoring to maintain remission, optimize management, and determine when to switch treatment regimens
- Identify new treatment options, their risks and benefits, monitoring needs, and ways to incorporate them into their practices in inflammatory bowel disease
- Identify appropriate ways to apply to their practice new and evolving endoscopic and surgical approaches, technologies, and techniques

**CCD** At the conclusion of this activity, participants should be able to:

- Identify key criteria in the differential diagnoses and treatment recommendations for colorectal conditions, such as diverticular disease, gastrointestinal bleed, *C difficile* infection, and cancers
- Identify and apply to practice the current recommendations for colorectal cancer screening and surveillance
- Identify appropriate ways to apply to their practice new and evolving endoscopic and surgical approaches, technologies, and techniques
- Identify quality considerations and metrics in the screening, diagnosis, and treatment of colorectal diseases and conditions

## CREDIT DESIGNATION STATEMENT

**IBD** The NYU Post-Graduate Medical School designates this live activity for a maximum of 7.50 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**CCD** The NYU Post-Graduate Medical School designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## MAINTENANCE OF CERTIFICATION



**IBD** Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.50 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

**CCD** Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 5.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

# Big Gut Seminars

## ACCREDITATION STATEMENT

The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## SYLLABUS

In an effort to be more environmentally conscious, we will distribute syllabus materials electronically. You will receive an email with a link one week prior to the course to view, download or print the course materials. During the course you will also have the option to view the course materials from your smartphone, tablet or laptop by using the link. These materials will remain available for one year following the course.

## COURSE FEES

		March 31	April 1
Outside Course Fees	TWO DAY	IBD ONLY	CCD ONLY
Physician Early Bird Full (Ends 1/6/2017 at 11:59 PM EST)	\$400	\$225	\$225
Physician Full	\$500	\$275	\$275
Reduced (Allied Healthcare Professionals)	\$150	\$100	\$100
Residents & Fellows	\$75	\$50	\$50
NYU School of Medicine Course Fees	TWO DAY	IBD ONLY	CCD ONLY
Physician	\$350	\$200	\$200
Reduced (Allied Healthcare Professionals)	\$100	\$75	\$75

## REGISTRATION

REGISTER ONLINE AT: [med.nyu.edu/cme/BigGut](http://med.nyu.edu/cme/BigGut)

After 12 pm on March 29, 2017 only onsite registration is available, provided the course has not reached capacity. Onsite registrants will incur an additional \$20 charge and will receive a receipt by email in 1–2 weeks. Registration is non-transferable.

**REFUND POLICY:** In order to request a refund, you must email [maria.mercado@nyumc.org](mailto:maria.mercado@nyumc.org) no later than 14 days prior to the first day of the course. An administrative fee of \$75 will be deducted from your refund. Cancellations or no-shows after this date are not eligible for a refund. Fax and email cancellations are not accepted. Registration is non-transferable.

### Contact Information

#### NYU Post-Graduate Medical School

Phone: (212) 263-5295

Fax: (212) 263-5293

Email: [cme@nyumc.org](mailto:cme@nyumc.org)

**COURSE CANCELLATION POLICY:** If a course is cancelled due to inclement weather, insufficient enrollment or any other reason, NYU PGMS will refund registration fees in full. NYU PGMS will provide at least two weeks advance notice if cancelling due to insufficient enrollment and as soon as possible in all other circumstances. NYU PGMS is not responsible for any airfare, hotel or other non-cancellable costs incurred by the registrant.



# FACULTY

## FOCUS ON COMPLEX INFLAMMATORY BOWEL DISEASE

### COURSE DIRECTORS

**David P. Hudesman, MD**  
Assistant Professor of Medicine  
NYU School of Medicine  
Medical Director, IBD Center  
NYU Langone Medical Center

**Lisa B. Malter, MD**  
Associate Professor of Medicine  
NYU School of Medicine  
Director, IBD Program  
Bellevue Hospital Center

**Feza H. Remzi, MD**  
Professor of Surgery  
NYU School of Medicine  
Director, IBD Center  
NYU Langone Medical Center

### NYU SCHOOL OF MEDICINE

**Mitchell A. Bernstein, MD**  
Associate Professor of Surgery  
Director, Division of Colon  
and Rectal Surgery

**Shannon Chang, MD, MBA**  
Assistant Professor of Medicine

**Lea Ann Chen, MD**  
Assistant Professor of Medicine

**Alexis L. Grucela, MD**  
Assistant Professor of Surgery

**Seymour Katz, MD**  
Clinical Professor of Medicine

**Jeremiah Levine, MD**  
Professor of Pediatrics  
Director, Division of Pediatric  
Gastroenterology

**Libia Moy, MD**  
Assistant Professor of Pediatrics

**Andrea L. Neimann, MD, MSCE**  
Clinical Assistant Professor  
of Dermatology

### Jose U. Scher, MD

Assistant Professor of Medicine  
Director, Psoriatic Arthritis Center

### GUEST FACULTY

#### Maria T. Abreu, MD

Professor of Medicine  
Professor of Immunology  
and Microbiology  
Director, Crohn's & Colitis Center  
University of Miami  
Miller School of Medicine  
Miami, FL

#### Miguel Regueiro, MD

Professor of Medicine  
and Translational Research  
Medical Director, IBD Center  
University of Pittsburgh Medical Center  
Pittsburgh, PA

#### David A. Schwartz, MD

Professor of Medicine  
Director, IBD Center  
Vanderbilt University  
Nashville, TN

## FOCUS ON COMPLEX COLORECTAL DISEASE

### COURSE DIRECTORS

**Mitchell A. Bernstein, MD**  
Associate Professor of Surgery  
NYU School of Medicine  
Director, Division of Colon  
and Rectal Surgery  
NYU Langone Medical Center

**Seth A. Gross, MD**  
Associate Professor of Medicine  
NYU School of Medicine  
Gastroenterology Section Chief  
Tisch Hospital  
NYU Langone Medical Center

**Gregory B. Haber, MD**  
Chief, Endoscopy  
Director, Advanced  
Therapeutics and Innovation  
Division of Gastroenterology  
NYU Langone Medical Center

**Elliot Newman, MD**  
Professor of Surgery  
NYU School of Medicine  
Chief, GI Surgical Oncology  
NYU Langone Medical Center

### NYU SCHOOL OF MEDICINE

**Deirdre Cohen, MD**  
Assistant Professor of Medicine

**Jonathan Cohen, MD**  
Clinical Professor of Medicine

**Michael J. Grieco, MD**  
Assistant Professor of Surgery

**Alexis L. Grucela, MD**  
Assistant Professor of Surgery

**Mark B. Pochapin, MD**  
Sholtz-Leeds Professor of  
Gastroenterology  
Director, Division of Gastroenterology

**Paresh C. Shah, MD**  
Clinical Professor of Surgery  
Chief, Division of General Surgery  
Vice Chair, Quality and  
Innovation in Surgery

### GUEST FACULTY

**Lawrence J. Brandt, MD**  
Professor of Medicine and Surgery  
Albert Einstein College of Medicine  
Emeritus Chief of Gastroenterology  
Montefiore Medical Center  
Bronx, NY

#### Jason A. Dominitz, MD, MHS

Professor of Medicine  
University of Washington  
School of Medicine  
National GI Program Director  
Veterans Health Administration  
Seattle, WA

#### Sergey V. Kantsevoy, MD, PhD

Professor of Medicine  
University of Maryland  
School of Medicine  
Director of Therapeutic Endoscopy  
Institute for Digestive Health  
and Liver Disease  
Mercy Medical Center  
Baltimore, MD

#### Colleen M. Schmitt, MD, MHS

President  
Galen Medical Group  
Chattanooga, TN

#### Michael B. Wallace, MD, MPH

Professor of Medicine  
Mayo Clinic  
Editor in Chief,  
*Gastrointestinal Endoscopy*  
Jacksonville, FL

## Focus on Complex Inflammatory Bowel Disease

7:30 am **Registration and Continental Breakfast**

8:00 **Welcome**  
David P. Hudesman, MD; Lisa B. Malter, MD;  
Feza H. Remzi, MD

### CHALLENGES IN IBD

8:10 **Psychosocial Care for the IBD Patient**  
David A. Schwartz, MD

8:30 **Optimizing Current Therapies**  
David P. Hudesman, MD

8:50 **Postoperative Management of Crohn's Disease**  
Miguel Regueiro, MD

9:10 **Question and Answer**

### COMPLEX CASE DISCUSSIONS

9:25 **Panel Presentation and Discussion**  
*Moderator:* Seymour Katz, MD  
*Panelists:* David P. Hudesman, MD;  
Lisa B. Malter, MD; Miguel Regueiro, MD;  
David A. Schwartz, MD

10:15 **Coffee Break**

### WHAT'S NEW: RAPID-FIRE UPDATES

10:30 **RVUs and How They Affect Your Income**  
Seymour Katz, MD

10:40 **Rheumatologic Manifestations of IBD**  
Jose U. Scher, MD

10:50 **Dermatologic Manifestations of IBD**  
Andrea L. Neimann, MD, MSCE

11:00 **Vedolizumab in IBD**  
David P. Hudesman, MD

11:10 **Ustekinumab in Crohn's Disease**  
Miguel Regueiro, MD

11:20 **Biosimilars in IBD**  
Maria T. Abreu, MD

11:30 **Fecal Microbial Transplant in IBD**  
Lea Ann Chen, MD

11:40 **Question and Answer**

### KEYNOTE LECTURE

11:50 **New Molecular Targets in IBD**  
Maria T. Abreu, MD

12:20 pm **Question and Answer**

### BREAKOUT LUNCHTIME SESSIONS (Choose One)

12:30–1:30

**1. Nutrition, Growth Considerations, and Transition of Care in IBD**  
Jeremiah Levine, MD; Libia Moy, MD

**2. Making the Most of Your Surgical Consult**  
Mitchell A. Bernstein, MD

**3. From Private Practice to the Academic Setting: How to Manage an IBD Practice**  
Seymour Katz, MD

### MEDICAL/SURGICAL ISSUES IN IBD

#### *Severe Ulcerative Colitis and Ileal Pouch Anal Anastomosis*

1:30 **Management of Severe Ulcerative Colitis in the Inpatient Setting**  
Lisa B. Malter, MD

1:50 **Creation of the J Pouch**  
Feza H. Remzi, MD

2:10 **Pouchitis and Pouch-Related Complications**  
Shannon Chang, MD, MBA

2:30 **Coffee Break**

#### *Perianal Crohn's Disease*

2:45 **Medical Management of Perianal Crohn's Disease**  
David A. Schwartz, MD

3:05 **Surgical Management of Perianal Crohn's Disease**  
Alexis L. Grucela, MD

3:25 **Question and Answer**

3:35 **Complex Surgical Cases: Presentation and Demonstration**

*Moderator:* Feza H. Remzi, MD  
*Panelists:* Mitchell A. Bernstein, MD;  
Alexis L. Grucela, MD; David P. Hudesman, MD;  
Lisa B. Malter, MD

4:10 **Reflective Statement**

4:15 pm **Adjourn**

## Focus on Complex Colorectal Disease

7:45 am **Registration and Continental Breakfast**

8:45 **Welcome**  
Mitchell A. Bernstein, MD; Seth A. Gross, MD;  
Gregory B. Haber, MD; Elliot Newman, MD

### WHAT'S NEW: RAPID-FIRE UPDATES

*Moderator:* Seth A. Gross, MD

9:00 **Practical Management of Hemorrhoids and Fissures**  
Michael J. Grieco, MD

9:10 **New Tools for Maximizing Adenoma Detection Rate**  
Michael B. Wallace, MD, MPH

9:20 **Quality Metrics: Beyond Adenoma Detection Rate**  
Mark B. Pochapin, MD

9:30 **Refractory *C difficile* Infection: What to Do**  
Lawrence J. Brandt, MD

9:40 **Advances in the Management of Fecal Incontinence**  
Mitchell A. Bernstein, MD

9:50 **Question and Answer**

### KEYNOTE LECTURE

10:00 **MIPs, MACRAs, and ACOs: New Healthcare Payment Models**  
Colleen M. Schmitt, MD, MHS

10:20 **Question and Answer**

10:30 **Coffee Break**

### COMPLEX CASE DISCUSSIONS

10:50 **Panel Presentation and Discussion**  
*Moderators:* Jonathan Cohen, MD;  
Elliot Newman, MD  
*Panelists:* Jason A. Dominitz, MD, MHS;  
Alexis L. Grucela, MD; Gregory B. Haber, MD;  
Michael B. Wallace, MD, MPH

12:00 pm **Lunch**

### CHALLENGES IN COLORECTAL DISEASE

*Moderator:* Mark B. Pochapin, MD

1:00 **Sessile and Serrated Polyps: Is There a Better Classification?**  
Jason A. Dominitz, MD, MHS

1:20 **Distal Rectal Cancers: From Top or Bottom? Role of taTME**  
Alexis L. Grucela, MD

1:40 **Large and Flat Polyps: Tips and Techniques**  
Gregory B. Haber, MD

2:00 **Question and Answer**

2:15 **Coffee Break**

### CONTROVERSIES IN COLORECTAL DISEASE

*Moderator:* Paresh C. Shah, MD

#### *Management of Early Rectal Cancer*

2:35 **Role of Endoscopic Mucosal Resection and Endoscopic Submucosal Dissection**  
Sergey V. Kantsevov, MD, PhD

2:55 **Role of Transanal Minimally Invasive Surgery (TAMIS): Transanal Endoscopic Mucosal Surgery (TEMS)**  
Mitchell A. Bernstein, MD

#### *Management of Distal Rectal Cancer*

3:15 **The Watch and Wait Approach**  
Elliot Newman, MD

3:35 **Role of Neoadjuvant Therapies**  
Deirdre Cohen, MD

3:55 **Question and Answer**

4:10 **Reflective Statement**

4:15 pm **Adjourn**



NYU School of Medicine  
550 First Avenue, MS1 195  
New York, NY 10016

Non-Profit Org.  
U.S. Postage  
PAID  
New York, NY  
Permit #8167

An aerial photograph of the NYU Langone Medical Center building at dusk. The building is illuminated with warm yellow lights from its windows, contrasting with the cool blue tones of the twilight sky. The text "Big Gut Seminars" is overlaid in large, white, sans-serif font across the lower portion of the image.

# Big Gut Seminars

**March 31 – April 1, 2017**  
New York, NY

[med.nyu.edu/cme/BigGut](http://med.nyu.edu/cme/BigGut)