

**NYU Winthrop**  
Hospital

**11<sup>TH</sup> ANNUAL LONG ISLAND LIVE  
ENDOSCOPY COURSE**

# **FRONTIERS OF ENDOSCOPIC SURGERY**

**MARCH 22-23, 2019**

**NYU WINTHROP RESEARCH & ACADEMIC  
CONFERENCE CENTER**

NYU Winthrop Hospital  
Mineola, New York

**DON'T MISS THE COURSE  
PRAISED BY EXPERTS**

"The most unique live case course on the globe  
from the perspective of demonstrating where  
interventional endoscopy can and should  
be going"

— Christopher Gostout, MD

"The course with the most challenging and  
advanced resection cases in the world!"

— Haruhiro Inoue, MD, PhD



ENDORSED BY  
THE AMERICAN SOCIETY FOR  
GASTROINTESTINAL ENDOSCOPY

Accredited by NYU Winthrop Hospital  
Friday, March 22 Live Cases & Lectures  
Approved for 9.0 CME-CE Credits  
Saturday, March 23 Optional Hands-On Lab  
Approved for 5.0 CME Credits



# OVERVIEW

We are delighted to invite you to attend the **11th Annual Long Island Live Endoscopy Course**, exploring the frontiers of endoscopic surgery, to be held on Friday March 22 and Saturday March 23, 2019 at the NYU Winthrop Research and Academic Conference Center. NYU Winthrop Hospital is a tertiary referral center ranked again for 2018-2019 as one of the best hospitals in the New York metropolitan area for gastroenterology and is located in Mineola, New York, in close proximity to two New York major airports.

Long Island Live has become one of the pre-eminent Endoscopic Surgery live courses in the world, attracting participants from across the US and the globe with 19 states and four countries represented in 2018. In 2019, the main focus will again be cutting-edge endoluminal surgery and Natural Orifice Transluminal Endoscopic Surgery (NOTES) techniques. A highlight of the course is the three live Per-Oral Endoscopic Myotomies (POEMs) performed by master operators demonstrating technique variations in challenging clinical scenarios. Live cases also include Endoscopic Submucosal Dissections (ESD), Endoscopic Full-Thickness Resections (EFTR), Submucosal Tunneling Endoscopic Resection (STER), Zenker's diverticulotomy, peroral pyloromyotomy and other endoscopic surgical procedures.

For the 7th consecutive year, Long Island Live will feature live cases by **Haruhiro Inoue**, an ESD pioneer and global "Father of POEM," **Ping-Hong Zhou**, the operator with the highest volume of POEM and EFTR/STER cases in the world and **Naohisa Yahagi**, a pre-eminent Japanese ESD master. Western approaches to colonic ESD and suturing will be demonstrated in live cases by **Sergey Kantsevov**. Western approaches to POEM, ESD and EFTR, including novel ESD knives, Endoflip, Endoscopic Suturing and the DiLumen and ORISE-TRS technologies will be demonstrated in live cases by **Stavros Stavropoulos**.

**Christopher Gostout**, master endoscopist and great NOTES visionary, will again be the master of ceremonies providing great insights, masterful commentary and guidance to the live operators. He will be assisted by veteran co-moderator of the course and regional faculty member, **Atul Kumar**. The 11-12 live cases will be supplemented by six lectures spanning the entire spectrum of endoscopic surgery and, new this year, a "Reports from China: Emerging Trends and Technologies" section featuring visiting professors from China, a country that has become a hotbed of innovation in advanced endoscopy and pioneering endoscopic resection techniques.

The very popular "**Hands-On Lab with the Masters**" to be held on Saturday March 23, offers instruction in POEM, ESD, Suturing and new ESD technologies by the live course masters. The lab will be limited to the first 16 physicians who meet the prior training criteria and register for the lab. The hands-on lab has always sold out rapidly in the past and we recommend early registration for those who are interested.

Don't miss the course that **Christopher Gostout** has praised as "*the most unique live case course on the globe from the perspective of demonstrating where interventional endoscopy can and should be going*" and **Haruhiro Inoue** has described as "*the course with the most challenging and advanced resection cases in the world!*"

For those interested in sampling past content, the 2013-2018 courses are archived in their entirety (lectures and live cases) at [www.winthropendoscopy.org](http://www.winthropendoscopy.org) as an educational resource for those embarking on endoluminal surgical procedures such as POEM, ESD, EFTR, STER, endoscopic sleeve-gastroplasty and new endo-surgical technologies such as MUSE, Lumen-R/ORISE, DiLumen and others.

## **Stavros N. Stavropoulos, MD, FASGE, AGAF**

Course Director

Director, Program in Advanced GI Endoscopy (P.A.G.E.)

Chief, Division of GI Endoscopy

NYU Winthrop Hospital

## WHO SHOULD ATTEND

- Practicing endoscopists (whether gastroenterologists or surgeons) needing better knowledge of the most current therapeutic applications of ESD, POEM, full-thickness resection and suturing.
- Gastroenterologists desiring to learn new surgery-sparing and organ resection-sparing minimally invasive endosurgical approaches for the management of neoplasms and benign conditions of the upper and lower esophageal sphincter (e.g. achalasia, Zenker's diverticula).
- Endoscopists interested in more advanced applications for specific diseases.
- Endoscopists needing new strategies to care for both benign and malignant GI conditions and to distinguish between the need for surgical vs. endoscopic interventions in light of new technology.

## LEARNING/PERFORMANCE OBJECTIVES

At the conclusion of this course, learners should be able to:

- Discuss the most current GI endoscopy interventions and new treatment options.
- Assess and apply ESD, POEM, full-thickness resection and other advanced endoscopic surgical techniques for specific diseases and disorders.
- Diagnose and treat routine and complex GI conditions more effectively resulting in improved patient care outcomes.
- Describe the efficacy in advanced endoscopic procedures in the current research studies and discuss the opportunities for these procedures currently available in expert centers and supplanting surgery to change GI clinical practice in the future.

## TARGET AUDIENCE

Gastroenterologists, surgeons, advanced practice nurses, physician assistants, residents, fellows and students.

## ACCREDITATION

### ACCME Accreditation Statement

NYU Winthrop Hospital is **Accredited With Commendation** by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians through 3/31/2019. **Provider #: 0006392**

### AMA Credit Designation

NYU Winthrop Hospital designates this live educational activity for a maximum of **9.0 AMA PRA Category 1 Credit(s)<sup>™</sup>** for the Friday participants and **5.0 AMA PRA Category 1 Credit(s)<sup>™</sup>** for the Saturday participants. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### ANCC Contact Hours

NYU Winthrop Hospital is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity has been approved for up to **9.0 Contact Hours. Provider # NY009-2020**

## FACULTY DISCLOSURES

It is the policy of NYU Winthrop Hospital to adhere to ACCME, NEMSD and ANCC accreditation requirements, policies and Standards for Commercial Support in order to ensure content validity, fair balance, independence, objectivity and scientific rigor in all its sponsored programs. All faculty, planners and authors of educational content, who participate in sponsored programs, must disclose to the audience any potential, apparent or real conflicts of interest related to their contribution to the activity, as well as any discussions of off-label or investigational uses of any commercial products and devices not yet approved in the United States. All faculty disclosures will be made at the time of the activity.



**Winner- eHealthcare Leadership Awards 2018, Category of Best Healthcare Content**

**Check out past course content at [www.winthropendoscopy.org](http://www.winthropendoscopy.org) our award-winning site recognized in 2018 by e-Healthcare for best web content among hospitals with 400+ beds. Long Island Live courses from 2013-2018 are archived in their entirety (lectures and live cases) and freely available as an educational resource.**



# AGENDA

## FRIDAY March 22 | LIVE ENDOSCOPY & DIDACTICS

- 7:00am Registration, Continental Breakfast and Exhibits
- 7:30am **Welcome and Introduction**  
Stavros N. Stavropoulos, MD, FASGE, AGAF
- 7:45am **KEYNOTE ADDRESS: The Peter Stevens Memorial Lecture  
Innovations in Endoscopic GERD Therapy**  
Christopher J. Gostout, MD
- 8:05am **The Anti-Reflux POEM! Reflux-Reducing Techniques During and After POEM**  
Haruhiro Inoue, MD, PhD
- 8:25am **The Difficult EFTR: Traction Methods and Other Assistive Techniques for Challenging Cases**  
Ping-Hong Zhou, MD, PhD
- 8:45am **The Difficult ESD: Traction Methods and Other Assistive Techniques for Challenging Cases**  
Naohisa Yahagi, MD, PhD
- 9:05am **ESD and "New NOTES:" A US Perspective**  
Stavros N. Stavropoulos, MD, FASGE, AGAF
- 9:25am **Panel Discussion and Q & A**  
All Faculty
- 9:45am Coffee Break and Exhibits
- 10:05am **LIVE ENDOSCOPIC PROCEDURES**
- 1:25pm Luncheon and Exhibits
- 1:55pm **Hold the EMR Please! I Will Have ESD for MY Colon Polyp**  
Sergey Kantsevov, MD, PhD
- Reports from China: Emerging Trends and Techniques**
- 2:15pm **AI in GI**  
Honggang Yu, MD
- 2:30p **Panel Discussion and Q & A**  
All Faculty
- 2:45p Coffee Break and Exhibits
- 2:55p **LIVE ENDOSCOPIC PROCEDURES**
- 4:10p Coffee Break and Exhibits
- 4:30p **LIVE ENDOSCOPIC PROCEDURES**
- 6:00p **Closing Remarks and Adjourn**

**SATURDAY March 23 | HANDS-ON COURSE WITH THE MASTERS** *Separate registration and fee required.*

7:00a Breakfast

8:00a-1:30p Participants will be divided into groups of 2 and will rotate through 8 stations (2 POEM, 5 ESD and 1 Suturing) spending 40 minutes with each instructor. Each participant will complete a minimum of one POEM (30 minutes), four ESDs and one Endoscopic Suturing session as the primary operator using ex-vivo modules, including exposure to new technologies for colorectal ESD.

**LAB FACULTY:**

Drs. Gostout, Inoue, Kantsevov, Sharaiha, Stavropoulos, Tsiamoulos, Yahagi, Yu and Zhou



# FACULTY



## **Stavros N. Stavropoulos, MD, FASGE, AGAF\***

*(Course Director)*  
Chief, Division of GI Endoscopy  
Director, Program in Advanced GI Endoscopy (P.A.G.E.)  
NYU Winthrop University Hospital  
Mineola, NY  
Adjunct Professor of Clinical Medicine  
Columbia University College of Physicians and Surgeons  
New York, NY

## GUEST FACULTY



## **Haruhiro Inoue, MD, PhD**

Head of Upper GI Surgery and Endoscopy  
Showa University Medical Center  
Showa University International  
Training Center for Endoscopy (SUITE)  
Tokyo, Japan



## **Honggang Yu, MD**

Chief, Division of Gastroenterology  
Renmin Hospital  
Wuhan University  
Wuhan, China



## **Sergey Kantsevoy, MD, PhD**

Director of Therapeutic Endoscopy  
Melissa L. Posner Institute for Digestive  
Health & Liver Disease  
Mercy Medical Center  
Baltimore, MD



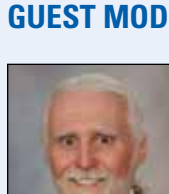
## **Ping-Hong Zhou, MD, PhD**

Director of Endoscopy  
Zhongshan Hospital  
Associate Professor  
Fudan University  
Shanghai, China



## **Reem Sharaiha, MD**

Director of Bariatric Endoscopy  
Associate Director, Pancreas Program  
Assistant Professor of Medicine  
Weill Cornell Medical College  
New York, NY



## GUEST MODERATORS

## **Christopher J. Gostout, MD**

*(Moderator)*  
Chief Medical Officer  
Apollo Endosurgery, Inc.  
Austin, TX  
Professor of Medicine Emeritus  
Developmental Endoscopy Unit  
Mayo Clinic  
Rochester, MN



## **Zacharias P. Tsiamoulos, MD**

Consultant Gastroenterologist and  
Specialist in GI Endoscopy,  
Director of Endoscopy Department/Clinical Lead,  
Queen Elizabeth The Queen Mother Hospital  
Kent, UK



## **Atul Kumar, MD**

*(Moderator)*  
Attending Gastroenterologist  
Northport VA Medical Center  
East Northport, NY  
Assistant Professor of Medicine  
Stony Brook University School of Medicine  
Stony Brook, NY



## **Naohisa Yahagi, MD, PhD**

Director  
Development and Research Department of  
Less Invasive Treatment Methods  
Keio University Hospital Tumor Center  
Tokyo, Japan

## LOCAL & NYU WINTHROP AFFILIATED FACULTY

### **David Friedel, MD**

Associate Director of Endoscopy  
Program in Advanced Gastrointestinal Endoscopy (P.A.G.E.)  
NYU Winthrop Hospital  
Mineola, NY

### **Vishal Ghevariya, MD**

Attending Gastroenterologist  
Sutter Health Eden Medical Center  
Castro Valley, CA

### **Krishna Gurrum, MD**

Interventional Gastroenterologist  
Associate Program Director  
Gastroenterology and Hepatology Fellowship Program  
The Brooklyn Hospital Center  
Brooklyn, NY

### **Dmitry O. Khodorskiy, MD**

Assistant Director of Advanced Endoscopy  
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### **Rani Modayil, MD**

Attending Interventional Gastroenterologist  
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### **Abraham Peller, MD**

Director, Endoscopic Anesthesia  
NYU Winthrop Hospital  
Mineola, NY

### **Teodor Pitea, MD**

Director, Center for Advanced Endoscopy  
Banner Del E. Webb Hospital Center  
Banner Health Clinic  
Sun City West, AZ

### **Jessica Widmer, DO**

Attending Interventional Gastroenterologist  
Program in Advanced Gastrointestinal Endoscopy (P.A.G.E.)  
NYU Winthrop Hospital  
Mineola, NY

## PLANNING COMMITTEE

### **Clilly Castiglia, MPS**

Director, Instructional Design and Technology  
NYU Winthrop Hospital  
Mineola, NY

### **Theresa Criscitelli, EdD, RN, CNOR**

Assistant Vice President, Administration  
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### **Keyana Golds**

Post-Graduate Curriculum Data Specialist  
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Academic Coordinator  
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### **Wilmid (Mimi) Maignan**

Clinical Coordinator  
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Mineola, NY

### **Rob Martin, MBA, CHCP, CHPIMS**

Assistant Dean, Director of CME  
NYU Winthrop Hospital  
Mineola, NY

### **Rita Roberts, RN, CNOR**

Vice President, Perioperative Surgical Services  
NYU Winthrop Hospital  
Mineola, NY

### **Peter Sandre, BA**

Manager of CME Events & Compliance  
NYU Winthrop Hospital  
Mineola, NY



# REGISTRATION

**We accept online registration ONLY for all NYU Winthrop CME-CE courses. Please register at [WinthropEndoscopy.org](http://WinthropEndoscopy.org) **SPACE IS LIMITED. REGISTER EARLY.****

**LOCATION** NYU Winthrop Research & Academic Conference Center  
Main Level, 101 Mineola Boulevard, Mineola, New York 11501

**CONFIRMATION** All registrants will receive a confirmation via email.

**CANCELLATION** A handling fee of 15% is deducted for cancellation. Refund requests **MUST** be received by E-mail no later than 72 hours prior to the course or two weeks prior to the hands-on Masters Lab in each instance. No refund will be made thereafter.

## FEES

### *Early Bird Registration*

(Until February 22, 2019 at 11:59pm EST)

\$200	Physicians
\$ 75	Non-Physicians (NPs, PAs, Nurses, Others)
\$ 75	External (non-WUJH) Residents & Fellows (with ID)
FREE	NYU Winthrop Residents & Fellows (with ID)
\$500	Optional Saturday Workshop (Physicians only, space extremely limited)

### *Registration after February 22 at 11:59pm EST*

\$275	Physicians
\$ 95	Non-Physicians (NPs, PAs, Nurses, Others)
\$ 95	External (non-WUJH) Residents & Fellows (with ID)
FREE	NYU Winthrop Residents & Fellows (with ID)
\$650	Optional Saturday Workshop (Physicians only, space extremely limited)

## **SEPARATE REGISTRATION REQUIRED FOR THE HANDS-ON LAB** (Limit of 16 physicians)

To register, please email Peter Sandre at [Peter.Sandre@nyulangone.org](mailto:Peter.Sandre@nyulangone.org) with your contact information and the number of hours of prior POEM/ESD training/experience. The Hands-On Laboratory training will be held on the 3rd Floor of the NYU Winthrop Research and Academic Conference Center – located at 101 Mineola Boulevard – Mineola, NY. Please park in the visitors garage for Saturday's lab.

**TRAIN INFORMATION** Mineola is 34 minutes by train from New York's Penn Station and 19 minutes by train from JFK airport at Jamaica, New York. Most eastbound and westbound branches of the Long Island Railroad (LIRR) stop in Mineola. Please check the LIRR's TrainTime mobile app for daily schedules or go to <http://lirr42.mta.info> to pick the station you are leaving from that is most convenient, putting Mineola as the destination. If arriving in Mineola on an Eastbound train, cross the footbridge to the north side of the platform. Walk one block north toward the NYU Winthrop Research Building.

**PARKING** Parking is available at any of these convenient campus lots:

- Mineola Intermodal Center at 65 3rd Avenue, Mineola
- NYU Winthrop Campus Visitors Lot (*access via Emergency entrance at 2nd & 3rd Avenue*)
- 120 Mineola Boulevard Ramp *Free parking on weekends above Level 2 only, other levels will be fined*

**ACCOMMODATIONS** A small room block is available at The Garden City Hotel for participants by calling 1-800-547-0400 at the discounted rate of \$217.50 plus taxes. When calling the hotel, please give them the name of the course (**11th Annual Long Island Live Endoscopy Course**), sponsored by NYU Winthrop Hospital.

**RESERVATIONS MUST BE MADE BY MARCH 1, 2019** [www.gardencityhotel.com](http://www.gardencityhotel.com)

**SPECIAL NEEDS** The NYU Winthrop Research & Academic Conference Center is accessible to individuals with disabilities or special needs. Participants with special needs should contact the Office of CME at 516-663-8459. If you require other special arrangements, please contact Peter Sandre at (516) 663-8459 or via email at [Peter.Sandre@nyulangone.org](mailto:Peter.Sandre@nyulangone.org) for assistance.

**MORE INFORMATION** If you experience technical problems with the online system, wish to register a group or require other special arrangements please contact Keyana Golds at 516-663-9685 or via email at [Keyana.Golds@nyulangone.org](mailto:Keyana.Golds@nyulangone.org) for assistance.

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